

Laboratory

INSTRUCTIONS FOR URINE EXAMINATION

INSTRUCTIONS FOR THE COLLECTION OF THE PATIENTS URINE FOR URINE EXAMINATION

Collect the urine on the morning of the examination day following these instructions:

- > Take the first urine jet and then collect the urine in a clean container or directly into the yellow cap.
- > Deliver the urine container to Laboratory from 8 am to 10 am.

INSTRUCTIONS FOR THE COLLECTION OF THE PATIENTS URINE DURING 24 HOURS

Examinations: Clearance of Creatinine, Urea Clearance, Creatinine, Urea, Proteinuria, Urinary Electrolytes (Sodium, Chlorine, Potassium, Calcium), Amylase, Uric Acid, Phosphorus, Glucose, Urinary Cortisol

> Start collecting in the morning, after emptying the bladder at the usual time (e.g. at 7 am) and, from that point on, collect all the subsequent urine throughout the day and the night until 7 am including the next day in Special container.

- > It is important not to lose part of the emitted urine.
- > Always insert the container properly. Keep them during the day in a cool and dark place.
- > Deliver the urine container to Laboratory from 8 am to 10 am.

