

Laboratory	URINARY CATECHOLAMINES VANILLYMANDELIC ACID 5-HYDROXYINDOLEACETIC ACID	Cod.Mod.IO238.08 del 09/05/2024 Rev. 02
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**PATIENT INSTRUCTIONS FOR THE COLLECTION OF 24 HOURS URINE FOR
DETERMINATION OF:**

VANILMANDELIC ACID

ACID 5 HYDROXINDOLACETIC

HYDROXYPROLINE

URINE METERSFRINE

URINARY CORTISOL

URINE COPPER

Before starting the urinary collection, pick up the container, with 10 mL of hydrochloric Acid, at Laboratory.

- Pay attention to the preservative (acid) in the container. Do not overturn it and do not touch it with your hands, as it may be caustic. Keep the container away from the reach of children.
- Start collecting in the morning after emptying the bladder at the usual time (e.g. at 7.00 am) and, from that point, collect all subsequent urine throughout the day and night until 7.00 am of the following day.
- It is important not to lose part of the emitted urine.
- Close the container properly.
- Keep the container in a cold place (2-8°C) and dark place for Hydroxyproline.
- Deliver the urine container to the Pickup Center from 8 am to 10 am.