

Laboratory	INSTRUCTIONS FOR THE COLLECTION OF 24 HOURS URINE FOR K/L FREE LIGHT CHAINS	Cod.Mod.IO238.09 del 09/05/2024 Rev. 02
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**PATIENT INSTRUCTIONS FOR THE COLLECTION OF 24 HOURS URINE FOR
KAPPA/LAMBDA FREE LIGHT CHAINS
(Bence Jones)**

Before starting the urinary collection, pick up the container, with 10 mL of Sodium Azide, at Laboratory.

- Pay attention to the preservative (sodium azide) in the container: do not overturn it and do not touch it with your hands. Keep the container away from the reach of children.
- Start collecting in the morning after emptying the bladder at the usual time (e.g. at 7.00 am) and, from that point, collect all subsequent urine throughout the day and night until 7.00 am of the following day.
- It is important not to lose part of the emitted urine.
- Close the container properly.
- Store it during the day at a temperature between 2-8 ° C (in the refrigerator).
- Deliver the urine container to the Pickup Center from 8 am to 10 am.